



NZ DANCE WEEK

27 APR - 5 MAY

2019

#NZDW2019



CELEBRATE / ELEVATE / PARTICIPATE

Dunedin Dance Tasters

Sunday 5 May 2019 @ RASA School of Dance, King Edward Court

10-11am	BALLET SOFIA KALOGEROPOULOU In a combination of barre and centre work this class is designed to strengthen your technical ability and enhance coordination and musicality. You will also learn a small choreography that will reveal your performance and artistic qualities while having fun.	AGES: 12-16 BASIC EXPERIENCE
10:30-11:30am	LINDY HOP SIBBY DILLON & KIERAN FORD Lindy hop is a social partner dance that is playful and full of joy. It's all about having fun, communicating with your dance partner and enjoying the music. Just some basic steps and you'll be dancing!	AGES: 15+ OPEN LEVEL
11:30am-12:30pm	HIP HOP RASA SCHOOL OF DANCE One of RASA's experienced hip hop teachers will guide you through a typical hip hop/urban dance class. This class is for beginners of all ages who have always wanted to try hip hop but perhaps haven't taken that step to enrol in a class. Come and see where the fun is and dance for the love of it!	AGES: ALL AGES BEGINNERS
1-2pm	CONTEMPORARY DANCE DEE COULTER This class welcomes you to a world full of the abstract and beauty. In my contemporary class we will focus on letting your body explore its boundaries while connecting with the music. Hope to see you there!	AGES: 13+ OPEN LEVEL
2:30-3:30pm	INDIAN DANCE SWAROOPA UNNI This dance day, experience some Indian dancing with Swaroopa. This session will introduce you to fun Indian dance moves to foot tapping Indian music. You will also be introduced to hand gestures which we will be using in our dance routine.	AGES: 7+ OPEN LEVEL
4-5pm	CONTACT IMPROVISATION MIRIAM MARLER This workshop is all about finding your inner balance and getting your groove on! Learn ways of flowing between sweet partner balances whilst keeping safe and having loads of fun! Learn how to harness momentum, trust, and build self-belief.	AGES: TEEN/ADULTS OPEN LEVEL

Presented by Dance Aotearoa New Zealand, supported by Sport New Zealand & Creative New Zealand