

# THE MAIN THINGS TO REMEMBER

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***Read it! Do it!***

You have a good resource in the Award website which is:

***<http://www.dofehillary.org.nz>***

You should be referring to this when making decisions about your Skill, Service, Physical Recreation and Adventurous Journey.

Your Award Leader is also a good resource to offer you guidance and help answer questions.

**But** in the end the responsibility is also on **you** to ensure that you are doing the right things, for the full amount of time (e.g. 3 months of activity = 1st Jan - 31st March).

This is **YOUR** Award.

**Don't assume anything - ask!**

**“PEOPLE DO NOT BECOME EXTRAORDINARY. THEY DECIDE TO ACCOMPLISH EXTRAORDINARY THINGS.”**

**Sir Edmund Hillary**



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# THE AWARD and GETTING IT RIGHT

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Some tips and advice to help you achieve your Award and avoid the common mistakes



# THE HELPFUL TIPS



The following are common mistakes that participants are making and these things hold up the approval of your Award.

These are only tips and more detailed information can be found in the Handbook, Record Book and on our website.

## GETTING THE TIMING RIGHT

- For each of the Service, Skill and Physical Recreation sections you should ideally be active for **1 hour every week** over the time chosen.
- Only 4 hours of activity every 28 days can count towards your total requirement.....

## But don't let that stop you from doing heaps more!

- You can only count what you have done since your registration date. This applies for each level.
- The Award is based on a calendar year, not the school year. If you are doing school-based activities and not doing anything over your long xmas break - **you will need to make that time up later.** The same applies if you miss time for any other reason.



Your study at school or in full-time tertiary education cannot be used towards your Award. **However, where clear evidence of extra voluntary effort in your leisure time is shown we will count it.** And sorry but no, homework or assignments are not extra effort.

## ADVENTUROUS JOURNEY

For the Adventurous Journey section activities should take place in the following order and the dates entered in the Record Book for each activity should reflect this:

### PRELIMINARY TRAINING



### > QUALIFYING JOURNEY

- Sporting activities might require skill but for the purpose of the Award they come under the Physical Recreation section.

## CHOOSING YOUR ASSESSOR

Must be an adult with **relevant experience**. They should be chosen before the section is started and they should oversee what you are doing and mentor you on a regular basis over the time chosen.



The assessor's reports need to be **specific and detailed**. There needs to be written confirmation of regular attendance and full start/finish dates – day/month/year.

**SORRY:** family members can't be assessors.

## PICKING YOUR SKILL

- When choosing your Skill there are a large number of suggestions on the Skills section on our website. There should be an element of written/theory work involved in the Skill you chose.
- Most skills have extra components...

*An example is Driving: we suggest that you also do some of the following: learn basic car maintenance, drive a long journey, learn how to read and navigate from a map etc. Just learning to drive, doing the bare minimum, is not really enough.*

**Do more, become an expert!**

- Please choose your Skill and then refer to the syllabus on the website so you know what is **expected of you!**



## TIPS FOR GOLD

- it is a good idea to run your idea for your Residential Project past your Award Leader.
- All overseas Residential Projects must have pre-approval from National Office.
- The Residential Project should be undertaken with people you don't usually spend time with. If you are considering a school-based Residential Project you need to speak to someone at National Office first as it may not meet the criteria.

