

Unit Standard 7118 Assessment

Version 6

Level 2

Credits 3

Candidate's Name: _____

Candidate's NSN: _____

Candidate's D.O.B: _____

Candidate's Contact details: _____

How would I know?

Did you make a learning
plan?

Did I learn anything?



Manage own learning in a programme

For Capital Training to Complete Only

Assessor's Name: _____

Assessor's Signature: _____

For Capital Training to Complete Only			
Unit Issued Date:			
First Attempt Marking Date:	Unit Complete	Standard Not Met	
First Attempt Marking Comments:			
Second Attempt Marking Date:	Unit Complete	Standard Not Met	
Second Attempt Marking Comments:			
Date Unit Awarded:			

Attestation Form (For Candidate to Sign)

Candidate's Name: _____

I hereby declare that the following is my own work which I have completed to the best of my ability. I have not copied answers or materials from any other sources.

Candidate's Signature: _____

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	Achieved	Final marking date
7118v 6		

Assessor's Attestation:

The candidate's performance and knowledge is at a sufficient level to grant this Unit Standard. The assessment was sat and completed in line with any relevant Health and Safety regulations. If assessed again in the future, I am confident that the candidate will be competent.

Assessor's name:

Education Provider:

Date:

Signature:

Module Moderated

Y/N

Unit Awarded

Date:

Assessment Conditions

There are a number of assessment questions and/or observations in this assessment. Ensure that you carefully read each question and set of instructions before you answer and/or perform tasks.

1. All assessment questions/observations must be complete.
2. All tasks in this assessment are open book.
3. You will need a pen and/or access to a computer to complete this assessment dependant on whether you are completing in hard or soft copy.
4. If you are completing this assessment digitally, ensure that it has been downloaded and saved in to your local documents folder before attempting the assessment.
5. Discuss with your tutor the time limit for this assessment.
6. An attestation form found on the assessment must be signed by both the tutor and yourself.
7. All answers must be in your own words.

You may choose to complete this assessment verbally using a speech to text digital tool. Discuss this option with your tutor.

To complete this assessment, you are going to be required to manage your own learning. This includes creating a learning plan with goals at the beginning of the year, sticking to it and measuring it throughout the year and reflecting on it once the year is complete.

Outcome 1: Demonstrate knowledge of own learning

Knowing Your Own Learning

In order to develop a strong learning plan to use throughout your Duke of Edinburgh's Silver Award, it is of paramount importance to have and demonstrate knowledge of your own learning. This will allow you to have a clear understanding of your learning strengths and weaknesses. It is always a good idea to know what your weaknesses are, so that you can develop coping strategies and tools to improve your learning.

There are internal and external factors that affect our learning in a range of ways.

Describe how three factors affect your learning.

Factors may include but are not limited to:

- *Social*
- *Emotional*
- *Physical*
- *Spiritual*
- *Cognitive*
- *Cultural*

NOTE: You may use the spaces provided, or include those factors in a film, vlog or slideshow.

FACTOR 1:

FACTOR 2:

A large, empty rectangular box with a thin green border, intended for notes or data related to Factor 2.

FACTOR 3:

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Being able to identify the factors that affect your own learning is an important step in being able to create a good learning plan. It is also very important to be able to identify your own responsibilities in terms of behaviour while implementing your plan.

Knowing what behaviours you need to exhibit while implementing your learning programme will make your programme that much more effective.

Describe what your responsibilities are in terms of your own behaviours when it comes to your own learning.

NOTE: You may use the space provided, or include this description in a film, vlog or slideshow.

Outcome 2: Produce and implement a plan to achieve learning outcomes in a learning programme

Create a Learning Plan

Complete this section at the beginning of your Silver Award.

Creating a learning plan is a great way of ensuring that we are academically successful.

You are required to create a SMART goal for each of the following aspects of your Duke of Edinburgh's Silver Award:

- Service
- Sport
- Adventurous Journey

Each of your three SMART goals must make considerations for the following factors:

- Your own needs
- Your learning environment
- The resources available to you
- Any educational or resource constraints
- Any special assessment requirements identified by your assessor
- The three factors identified earlier in the assessment
- The behaviours identified earlier in the assessment

Identify or describe how your SMART plans each make considerations of the above.

NOTE: Ensure that your plans include a good measurement tool and identify some learning milestones against which to measure your progress for each goal. You must have your observer check and agree to your measurement tools and milestone goals before you start.

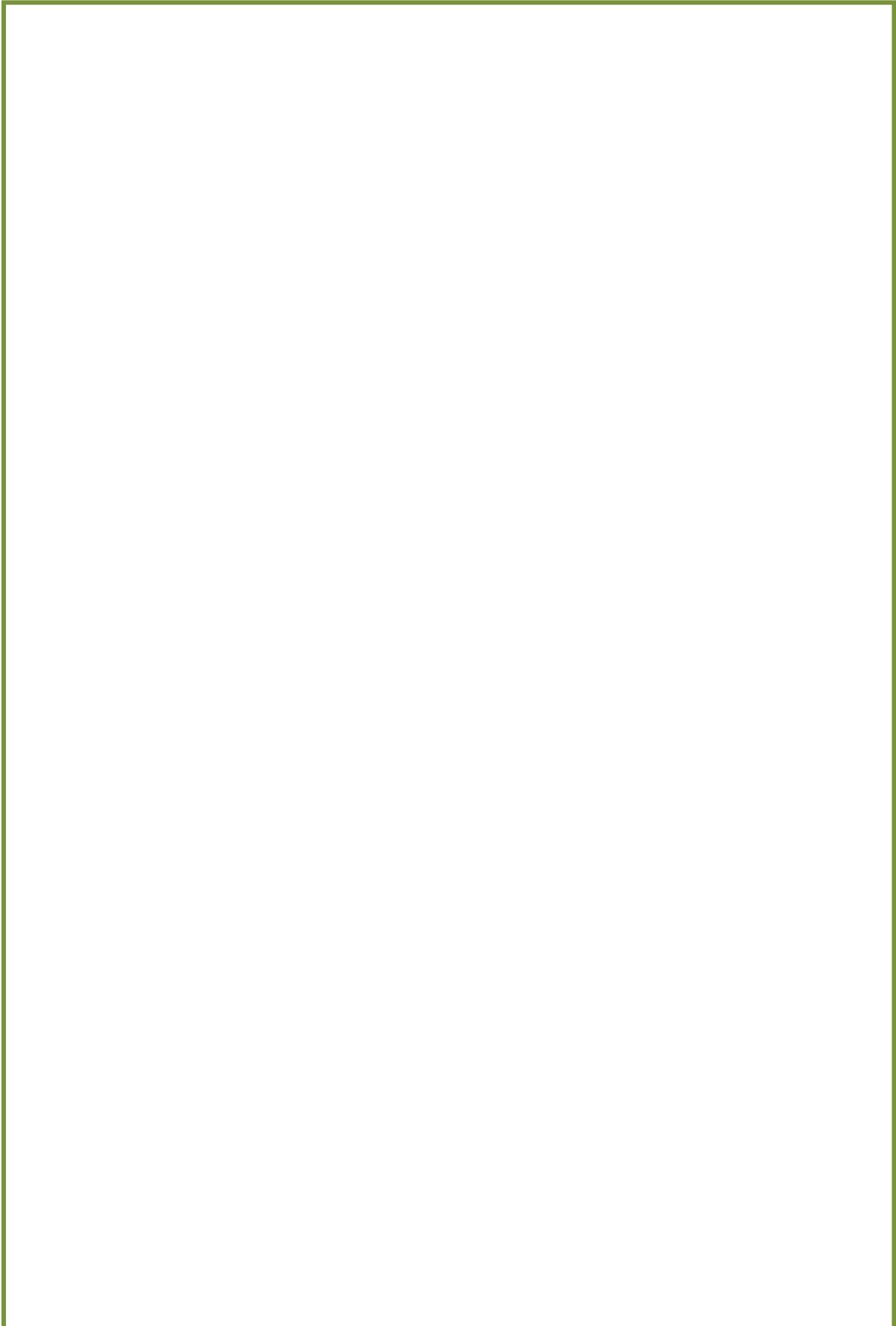
You may use the spaces on the following pages to identify your SMART goals and explain how they make considerations for the above factors or you can create a vlog, slideshow or film to communicate your goals.

Learning Goal 1:

Learning Goal 2:



Learning Goal 3:



Implement Your Plan

Now that you have created goals and know how to measure your progress towards them, it is time to implement them.

Keep a diary or a vlog as a way of measuring your progress towards your learning goals.

You must wait until you have completed your service, sport and adventurous journey before progressing further in this assessment.

Review Your Plan

Complete this section at the end of your Silver Award.

You must use your SMART planning to determine if you achieved your three learning goals. Each goal contained an outcome and method of measurement which included learning milestones.

Did you meet your first learning goal? Yes No

Did you meet your second learning goal? Yes No

Did you meet your third learning goal? Yes No

Reflect on your plan to reach your learning goals. Describe what went well and what didn't go well in trying to achieve each goal. Discuss your success or failure in managing the plan and identify what you would do differently (if anything).

You may use this page to reflect on your plan or you can create a vlog, slideshow or film to share your reflection.

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Assessment Schedule for Unit 7118 v6 L2 C3

Manage own learning in a programme

Evidence requirements	Evidence Statement (what the assessor looks for)	Judgement Statement (how well or how many)	✓1 st marking	✓2 nd marking
Outcome 1 Demonstrate knowledge of own learning.				
<p>1.1 Factors are described in terms of how they affect own learning.</p> <p>Range factors may include but are not limited to – social, emotional, physical, spiritual, cognitive, cultural; evidence of three factors is required.</p>	<p>Description of how factors affect own learning.</p> <p>X3 Pg. 5-6 OR Film, vlog or slideshow</p>	<p>The candidate has accurately described how three of the following factors affect their learning in a positive or negative way:</p> <ul style="list-style-type: none"> • Social • Emotional • Physical • Spiritual • Cognitive • Cultural <p>Evidence in either written, filmed, vlogged or in a slideshow.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p>1.2 Responsibility for own learning is described in terms of own behaviours.</p>	<p>Description of candidate's responsibility for their own behaviours and learning.</p> <p>Pg. 7 OR Film, vlog or slideshow</p>	<p>The candidate has described how they are responsible for their own learning and what behaviours they should exhibit to ensure they achieve their learning goals.</p> <p>Evidence in either written, filmed, vlogged or in a slideshow.</p>	<input type="checkbox"/>	<input type="checkbox"/>
Outcome 2 Produce and implement a plan to achieve learning outcomes in a learning programme.				
<p>2.1 Plan identifies learning outcomes for the learning programme and milestones by which progress is to be measured.</p>	<p>Three SMART learning goals.</p> <p>Identification of learning milestones and</p>	<p>The candidate has created a learning plan that identifies THREE SMART goals.</p>	<input type="checkbox"/>	<input type="checkbox"/>

	<p>measurement tools to measure progress towards achievement of those goals.</p> <p>Goal 1: Pg. 9 Goal 2: Pg. 10 Goal 3: Pg. 11</p> <p>OR</p> <p>Film, vlog or slideshow</p>	<p>Each of the following components of the Silver Award must have a learning goal attached to it:</p> <ul style="list-style-type: none"> • Sport • Service • Adventurous Journey <p>Each SMART learning goal has milestones and measurement methods to help measure progress towards the goal and the success of the plan at the conclusion of the year.</p> <p>Evidence in either written, filmed, vlogged or in a slideshow.</p>		
<p>2.2 Considerations are identified in the plan in terms of outcomes and/or milestones.</p> <p>Range considerations include – own needs, the learning environment, available resources, any constraints, any assessment requirements, factors and behaviours identified in outcome 1.</p>	<p>Planning towards SMART goals Identify or explain how a range of factors have been considered in relation to the learning outcomes.</p> <p>Goal 1: Pg. 9 Goal 2: Pg. 10 Goal 3: Pg. 11</p> <p>OR</p> <p>Film, vlog or slideshow</p>	<p>The candidate has identified or explained how they have taken the following factors in to consideration in the learning plan for each of their THREE SMART learning goals:</p> <ul style="list-style-type: none"> • Their own learning needs • Their learning environment • Any given assessment constraints • The factors and behaviours identified in outcome 1 <p>Each learning goal will have vastly different considerations as they are all in very different environments and revolve around very different activities.</p> <p>Evidence in either written, filmed, vlogged or in a slideshow.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p>2.3 Progress is reviewed as identified in the plan.</p>	<p>Review of plan Pg. 13</p> <p>OR</p> <p>Film, vlog or slideshow</p>	<p>The candidate has reviewed their plan against their milestones using their measurement methods and have identified if they</p>	<input type="checkbox"/>	<input type="checkbox"/>

		<p>achieved their three learning goals.</p> <p>Evidence in either written, filmed, vlogged or in a slideshow.</p>		
<p>2.4 Reflection of progress identifies success in managing the plan.</p>	<p>Reflection of the plan identifies successes within the plan. Pg. 13</p> <p>OR</p> <p>Film, vlog or slideshow</p>	<p>The candidate's reflection includes an identification of the candidate's success (or lack thereof) in managing their plan.</p>	<input type="checkbox"/>	<input type="checkbox"/>