

Service



Through the Service section, you get to volunteer in your community and see how your efforts can make a positive difference to the lives of others.

You'll improve your skills in areas such as team work and communication, building self-confidence as a result.



"I volunteer in a Cadet Corps every week which is helping me to gain new knowledge."

Rudy Allen, Canada

Example ideas

Here's a list of some Service ideas that you could do or use as a starting point to create a programme of your own.

People in the community

- Visit people in need, such as elderly or disabled people, on a regular basis, to provide assistance with shopping, gardening or other domestic tasks, or simply keep them company
- Volunteer in hospitals and care centres
- Visit prisons or detention centres under the auspices of the proper authorities
- Help with a local community radio, newspaper or blog
- Coach or manage a sports team
- Do a first-aid course and then make your skills available to benefit the local community, e.g. be a first-aider at football matches or dance competitions

Youth work

- Act in a leadership role in a youth club or uniformed youth organisation
- Assist with teaching primary school children

Community education and health education

- Work with experienced people to educate the local community on important issues such as primary health care, immunisation campaigns, drug or alcohol awareness education
- Teach someone to read or write

Environmental service

- Take part in a conservation project such as clearing wasteland, cleaning a river, or caring for threatened wildlife or trees
- Care for a public or school garden
- Encourage recycling
- Care for animals
- Work in a clean-up campaign
- Promote environmental sustainability

Charity work

- Fundraise for a charity
- Create or maintain a charity website or newsletter

Emergency services

- Help an emergency service team, such as the fire service, surf life-saving, coastguard, police, mountain rescue or Civil Defence