

Preface

Participants, instructors and assessors should take note of the conditions as laid down in the Award Handbook.

This programme is for guidance and is not to be taken as a rigid syllabus. To indicate the content appropriate to young people with varying degrees of knowledge and experience, it is arranged under three headings: '**For beginners**', '**For those with some knowledge**' and '**For the more advanced**', and participants are free to select as broad or as restricted an aspect of this skill as they wish, but appropriate social and cultural aspects are to be covered.

RECREATIVE SKILLS

AIR RIFLE SHOOTING

Introduction

Wherever possible, those choosing this activity should join a club that is properly constituted and affiliated directly or indirectly to the national body governing the activity. Where appropriate, the participant should be knowledgeable about equipment used and its care and maintenance, about the rules and scoring for the games concerned, about the historical and social aspects of the activity and about the organisation and work of the governing body at national and local levels.

For assessment, each individual is to produce evidence of regular application to the activity over the required period, which may take the form of certified attendance at training or firing practice, targets shot, score cards, log or notebook.

General

The emphasis should be on regular progressive range training and correct application of lessons learnt so that any action taken on the range is positive, instant, safe and correct.

- Any make of 4.5mm (0.177in) calibre air rifle that does not require a firearms certificate may be used.
- Slings are not permitted.
- Sights - telescopic sights are not permitted.
- Ammunition - wasted pellets of lead or lead alloy.
- The use of round ball shot or darts or pellets containing any propellant is forbidden.
- Groups will be measured with locally made templates on talc.
- Targets will be scored inward gauging.

The following scores are suggested for each stage:

- Targets National Air Rifle and Pistol Association No. 374, 5.5m (18 ft) rifle target used at a range of 5.5m (18 ft)
- International Shooting Union (ISU) 10m rifle target used at a range of 10m.
- Sets of four target cards should be issued by the Examining Officer, to be fired within three hours.

Skill Section

Scoring

One round per diagram, five rounds per card, fired in such a manner as to use all diagrams equally. Highest possible score for an individual 200.

Beginners should score 75%

Those with some knowledge 80%

The more advanced 90%

}Firing position-prone supported.

Note It may well be desirable for the assessor to work out higher or lower score requirements if these would prove an incentive for individuals.

For beginners:

Award participants must:

- 1 Know the general safety rules for handling and firing air rifles.
- 2 Know the current law applicable to air rifles.
- 3 Understand the insurance cover necessary to protect themselves against all risks in the handling and firing of air rifles.
- 4 Know how to clean, oil and maintain an air rifle.
- 5 Know how to zero an air rifle.
- 6 Know the correct procedure for aiming.
- 7 Fire a group of five shots at a 5.5m or 10m card and obtain a group of .75" or less at 5.5m range at 1.25" or less at 10m range.
- 8 Carry out firing at 5.5m or 10m cards as suggested above.
- 9 Keep an accurate record of all firing.

For those with some knowledge:

Award participants must:

- 1 Have a thorough knowledge of the points outlined for beginners.
- 2 Know the principal parts of an air rifle.
- 3 Undertake regular practice in the use of an air rifle.
- 4 Fire a group of five shots at 5.5m or 10m and obtain a group of half an inch or less at 5.5m or 1" or less at 10m. Firing position - prone supported.
- 5 Carry out firing at 5.5m or 10m as suggested above.
- 6 Keep an accurate record of all firing.

Skill Section

For the more advanced:

Award participants must:

- 1 Have a thorough knowledge of the points outlined for beginners and those with some knowledge.
- 2 Undertake regular practice in the handling of an air rifle.
- 3 Know the general rules of:
 - (a) Scoring
 - (b) Gauging
 - (c) Rules applicable to competition shooting.
- 4 Fire a group of shots at 5.5m or 10m and obtain a group of a quarter of an inch or less at 5.5m or half an inch at 10m. Firing position -kneeling unsupported.
- 5
 - (i) Carry out firing at 5.5m or 10m as suggested above, or
 - (ii) Be classified as a marksman with the air rifle, or
 - (iii) Be a member of a team firing in air rifle competitions at national level.
- 6 Understand the principles and methods of coaching.
- 7 Keep an accurate record of all firing.