



NZFMC Insight Building Workshop for Seniors - Programme Plan

Date: 11 March 2017

Venue: Filipino Community Centre, 92 Cuba Street, Petone

1000am: Mihi Whakatau

Welcome and House Keeping

Gul Zaman, President, NZFMC Seniors Council (10 mins)

Welcome speech

- Councillor Glenda Barratt, Hutt City Council (representing His Worship the Mayor Ray Wallace)
- Diane Turner, Director, Office for Seniors

1100am: Morning tea

1115am: Age Concern New Zealand: Strengthening our Relationship, Building our Future (75 mins)

- Introduction to ACNZ, services and history
Stephanie Clare, Chief Executive (15 mins)
- Q & A (10 mins)
- How can we work better together? (30 mins)
Health promotion and older New Zealanders from minority ethnic backgrounds (10mins)
Falls prevention education: An intro to steady as You go (10 mins)
Design Thulkanam, Manager, Policy and Health Promotion

1230pm: Lunch

0100pm: Ethnic People and Healthy Ageing Strategy + Positive Ageing

Panel discussion - Mike Scrivener, Secretary, NZFMC Seniors Council (Chair)

- Jim Nicolson, Manager, Healthy Ageing Policy, Ministry of Health (20 mins)
- Diane Turner, Director, Office for Seniors (20 mins)
- Q & A (20 mins)

0215pm: Afternoon tea

0245pm: Superannuation Scheme

Panel Discussion – Joris de Bres (Chair)

- Lynne Cousins, Policy Manager, International, MSD (20 mins)
- Peter Matcham, Member of the Board, GreyPower Federation (20 mins)
- Q & A (20 mins)

**0400pm: What's next from here: designing an action plan – NZFMC Seniors Council
Facilitator – Joris de Bres**

0500pm: The workshop ends

Funded by:


