

### Wellington North Badminton

TERM 1 - Programmes

#### **Shuttle Time Bronze Programme**

*Monday's starting 4th February 2019 – 8th April 2019*

*Price - \$80/Term*

#### **Shuttle Time Sliver Programme**

*Tuesday's starting 5th February 2019 – 9th April 2019*

*Price - \$80/Term*

#### **FUN-minton Friday's**

*Friday's starting 8th February 2019 – 12th April 2019*

*Price - \$50/Term*

#### **Dynamic Duo Club**

*Thursday's starting Term 1*

*Price - \$80/Term / \$10 casual*

For further information on the programmes or to book you can visit our website and find this information under Junior Programmes / Clubs at: <https://wnba.org.nz/programmes-events/junior-badminton/>

### **Bigair**

Children in Tawa are learning how to Cartwheel, Round-off, Handspring and Flip at BIGAIR Gymnastics classes! Children develop strength, flexibility, balance, proprioception, plus pride and self-confidence as they achieve new skills. BIGAIR's GYMNASTICS, TUMBLING, FREE RUNNING & TRAMPOLINE classes are great for fun and fitness! We focus on safety, technique, basic skills, through to more advanced skills such as summersaults and twisting. CHEERLEADING is perfect for children who love to Dance, Stunt and Tumble. We are currently taking new members into our 2019 competitive teams! To find out more, please call Bigair Gym Tawa on 2323508 or email <mailto:[wgtn@bigairgym.co.nz](mailto:wgtn@bigairgym.co.nz)> [office@bigairgym.co.nz](mailto:office@bigairgym.co.nz).

**Sunshine Drama** provides a creative and fun learning space for students aged 4 - 15 years of age. Sessions engage imaginative minds, grow confidence & build communication, performance and social skills. For 2019 class information or to arrange a free trial class, contact: Jenae 0274380533 or visit [www.sunshinedrama.co.nz](http://www.sunshinedrama.co.nz)





**Wonderplay** drama classes have places available this term for 5-8 year olds (Saturdays) and 9-12 year olds (Tuesdays), as well as teens in our famous Wellington Young Actors class (Tues). Classes held at Churton Park Community Centre. First lesson is free to try. Please contact Debs [debs@wonderplay.co.nz](mailto:debs@wonderplay.co.nz) 021-172-2836, [www.wonderplay.co.nz](http://www.wonderplay.co.nz)

**Arts a Go Go!** Performing Arts School for Kids Tawa has limited places available on Saturdays in our popular drama, dance and singing combo classes for students aged 6 – teenagers. For more details, please see [www.artsagogo.co.nz](http://www.artsagogo.co.nz) , contact [rachel@artsagogo.co.nz](mailto:rachel@artsagogo.co.nz) or ph 0211441641

**Paparangi School** - Gully Gutbuster 31 March Seton Nossiter Park.

To enter search Gully Gutbuster on Facebook or [www.enteronline.co.nz](http://www.enteronline.co.nz). Fun for the whole family.

**Northern Suburbs Social Chess for Kids** - Northern suburbs social chess is for kids between 5 -18 years. Come and play chess at Johnsonville Community Center, Room 5 (upstairs), every Sat 1:30 pm to 3:00 pm, except for School holidays. Entry is only \$3/player including professional chess tutoring every fortnightly; Parents/Caregivers free. Please bring your Chess set. Join Facebook group: search for “Northern Suburbs Social Chess for Kids”. For more information, email - [ice.mangera@gmail.com](mailto:ice.mangera@gmail.com)

## Learn a new language the FUN way!

### French language classes Term 1 2019

Fun Languages Wellington runs pre-school, lunchtime and after-school French classes at various Wellington locations. Games, songs, drama and stories are taught in a relaxed and friendly atmosphere with the emphasis being on FUN! Language resources available to support parents at home. **Free trial class is offered.**

**OTHER CLASSES AVAILABLE:** After-school French classes are also held in Northland, Karori and Khandallah. Spanish classes scheduled in Term - subject to demand.

**Contact details:** -021 462 042 E: [annick@lcclubs.co.nz](mailto:annick@lcclubs.co.nz) or visit [www.lcclubs.co.nz](http://www.lcclubs.co.nz) or <https://www.facebook.com/funlanguageswellington/> for more information.

### Northern United Junior Hockey Club

The Northern Suburbs' home of hockey for school years 3-8

#### 2019 Details

**Years 3-6:** 6-a-side

**Years 7-8:** 11-a-side

**Online registrations now open for the 2019 season**

(May-Sept)

**Have a Go Hockey:** 4 no-obligation sessions for beginners all ages:

Monday 18<sup>th</sup> & Monday 25<sup>th</sup> February and Monday 4<sup>th</sup> and 11<sup>th</sup> of March, 2019.

**Pre-season training:** Starting Monday 18 February, 2019

**11-a-side Trials** (For kids in years 7 & 8 in 2019):

- Sunday 10<sup>th</sup> March 2 – 5pm
- Saturday 16<sup>th</sup> March 2 – 5pm
- Sunday 24<sup>th</sup> March 2 - 5 pm

Official 2019 Season runs from start of Term 2

**For more information:**

- Web: [www.nujhc.org.nz](http://www.nujhc.org.nz)
- Email: [info@nujhc.org.nz](mailto:info@nujhc.org.nz)
- FB: <https://www.facebook.com/NUJHC>

If you want to Give It a Go and try out a new sport  
or if you want to improve on your volleyball skills:

# Free Volleyball Clinics for Girls

AGES 10-13

Monday the 11<sup>th</sup> of February from 4:30PM-5:30PM

(next session will be announced soon- if there is enough interest we will run this every other week\*)

Nairnville Recreation Center  
Khandallah, Wellington

***This session will be run by Leanne Turrell***

*National Coach for Junior Men and Organizer of Talent Development Programme  
for Volleyball in Wellington  
(instruction and play - all skill levels welcome)*

For registration and more info please contact

Sventja von Daake

Email: [svondaake@yahoo.com](mailto:svondaake@yahoo.com)

Cell: 021 023 887 92

Space is limited to 18 girls.

Last minute registrations welcome.



\* I am a mom of two girls who have played volleyball for the last 2-3 years and absolutely love this sport. Wellington is our new home and we hope to gather some girls who enjoy the sport as much as we do. If you are interested, please contact me also if you do not have time on the 11<sup>th</sup> of February so I can consider your girls for future sessions. The first few sessions will be free. Eventually I am planning to charge \$5 per session to cover the cost of the hall rental. Thank you to Leanne Turrell and Anella Munro for supporting my efforts to set up these sessions.

**Pre-schoolers in Tawa are learning how to forwards roll, handstand and cartwheel at Bigair Gymnastics classes!** At Bigair we are seeing the 3&4yr olds gaining increased listening skills, concentration, determination, independence and the confidence to try new things. Children are learning to reflect on their progress and gain pride as they master new skills, which are all essential learning processes used at school.

**Active indoor fun for toddlers in Tawa!** Bigair Gym offers play sessions for children under the age of 3yrs to allow them to learn essential fundamental movements as they explore through circuits, an 11 metre long trampoline, inflatable air track, large soft shapes, and so much more!

To find out more, please call Bigair Gym Tawa on 2323508 or email [office@bigairgym.co.nz](mailto:office@bigairgym.co.nz).

## **Community Lose-Weight-For-Winter Transformation Challenge**

### **Ladies - YOU Deserve to Be the Best Version of Yourself!!!**

Do you want to learn how to start and maintain a healthy lifestyle? Are you stuck in a rut? Have you tried "everything" but just not seeing the results you're after? Then my 12-week challenge is for you!!

This challenge has been run with great success for the past 7.5 years, helping women in the community achieve their health, fitness and weight loss goals - it could be to lose weight, drop a clothes size, increase energy levels, lead a healthier lifestyle, or maintain weight loss that has already been achieved.

Whether you are just starting out on your weight loss journey, or just want a little extra motivation losing the extra couple of kilos, this challenge can help you get there!

**Join my Challenge for only \$40 - ditch your old habits and take control of your life - make this the time that counts!!**

**STARTS: Monday, 25<sup>th</sup> February, 2019**

**STRICTLY LIMITED SPACES – REGISTRATIONS CLOSE 6PM FRIDAY, 22 February, 2019**

**More information/to register: <https://www.stellarfitness.co.nz/transformation-challenge.html>**

### **Nairnville After School Basketball Clinic**

Here at Nairnville we are organising an afterschool Basketball Clinic to run every Wednesday during the school terms. This will start on February the 27<sup>th</sup> and run from 3:30 - 5:30pm. It is suitable for kids aged 7-12, with one session for the 7-9 year olds and another session for the 10-12 year olds. If this is something your children would be interested in please get in touch with us, or check out our Nairnville Facebook page for more information.

Age 7- 9 / 3:30 – 4:30pm

Age 10-12 / 4:30 – 5:30pm