



IT WAS A WOW OF A NIGHT - BUT NO PICTURES PLEASE!!

President's Snippet

Hi Everyone

Last month's club meeting was a wow affair with costumes of hunting to travellers, to bra's and one "flat as a pancake". A small but stunning number of us got into theme to celebrate The World of Wearable Arts in Wellington.

We had an interesting speaker, Michael George, talking about the recent changes to House Insurance. For me personally I found his talk very relevant as I was just about to renew my cover and he gave me confidence that it wasn't too daunting a task. Thanks Yvonne Thomson for organising this talk.

I recently attended District conference where we had two amazing speakers. The first, Tina Tymes from the Plunket Society, talked about the Pepi Pods and Well Child Checks that

are underway in our area. Pepi Pods are a new initiative to reduce sudden unexpected death in infants (SUDI) under three months of age. So far the statistics are looking good with a reduction in deaths. District Inner Wheel donated \$800 towards this cause.

Our second speaker was Tusha Penny from the NZ Police Force. She made us laugh and she made us cry with what she has witnessed in the last 22 years as she has worked her way through the ranks. She will be guest speaker at next year's National Conference and it will be well worth going just to hear her.

Check out our conference web page:
<http://taranaki2014.webs.com/>

A fantastic programme has been organised and it will be a great time for everyone. If you want to book any of the suggested

INNER WHEEL OF PLIMMERTON October 2013



accommodation let them know you are going to the conference as there is a special rate for Inner Wheel.

On a final note I am delighted to tell you that Meryll Evans has accepted the nomination of District Chair for 2014-15. Our warmest congratulations to her - just another reason to go to our conference next year and show her our support.

I look forward to seeing you all at our next club meeting.

Yours in friendship

Debbie Howard

Dates to Diary

15 March:

Training day to be hosted by Plimmerton Inner Wheel

21 June

District change over hosted by Lower Hutt

1-4 May

National Conference New Plymouth

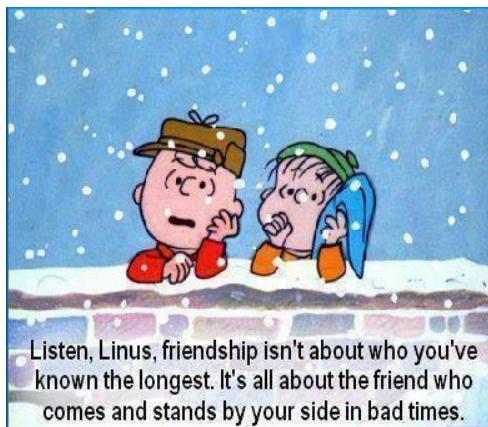
At the District Conference last weekend Debbie – along with all the other Presidents was expected to give a brief speech on what "We for Women"

meant for her as President of our club

Plimmerton Inner Wheel We, for Women

Friendship is the biggest asset that Plimmerton Inner Wheel has.

"We, for Women" support one another through life's ups and downs.



From sharing the joy of the birth of a much longed for grandchild to sharing the sorrow of the passing of a loved one.

For the phone call just to say hello or the lift in the car to wherever we go.

"We Women" are there for one another.

Of course we donate to the appropriate charities, we sew pillows for women with breast cancer and have inspirational women speakers.

But it is the ongoing support for each other that I find most gratifying and makes me proud to belong to Inner Wheel.

It is my privilege to be on the giving and receiving end of this friendship.

Debbie Howard

WOW -

Thank you DEB, it is our privilege to have you as our President and give a speech like that!

"WALK AND TALK" outing in South Wairarapa: 2 October

Lots of talking but not much walking!

Lyndsay, Dianne R, Meryll, Marie, Dianne M , Carolyn and Carol ventured over the hill to meet up with the South Wairarapa Inner Wheel ladies last week. It was drizzly when we left but hot and sunny all day in Carterton. We were given a warm welcome and morning tea by their President, Jean Floyd and seven IW ladies at the Tarragon cafe.

The Paua Shop was the first stop with an interesting presentation and video, a quick look around the workshop followed by some retail therapy in the gift shop. Before leaving we all had to check out the paua toilet seats which had been specially made for them!

Next stop was a guided tour of the Carterton Events Centre adjoining the library. This impressive new building cost \$7 million, much to the disgust of some of the community.

Gentlemen and friends were setting up for a wedding the next day. We enjoyed listening to the singer, meeting the 2 grooms and watching some of the amazing decorations being put up. Apparently this wedding will feature in a tv documentary soon. We then had an amazing lunch (good home rural cooking) with lots of chat in the sunny courtyard.

No day out is complete without a stroll around the shops and some of us even managed to find some interesting things to buy – including a Thai puppet, a stripped toaster, wall plaques, mirror and coasters.

All in all a most enjoyable day with the friendly Wairarapa ladies

carol woodfield

IW DISTRICT MEETING

6 October 2013

Meryll Evans

Plimmerton IW Club Delegates, Debbie and Meryll, attended the meeting which was hosted by the Kapiti Club in the Kapiti Community Centre in Paraparaumu.

After the business of the District we were treated to two really delightful speakers.

Tina Symes from the Plunket Society spoke about Pepi Pods. A pod is rather like the carrycot many of us used for our first babies. It a plastic storage box, covered with washable fabric and comes with a flat mattress,

'drycot', sheet and washable merino blanket. The portable beds are designed to provide a safe sleeping space for babies at high risk of accidental suffocation, including babies that sleep in an adult's bed, couch or in makeshift situations. They have been successful in lowering the incidents of Sudden Infant Death Syndrome. All IW districts in NZ have been given \$800 each from the 'profit' from the conference to be donated to Plunket. Our District will donate to Plunket to buy these pods.



Tina with a Pepi Pod

After lunch Tusha Penny, or Detective Inspector Tusha Penny, Police National Manager of Child Protection and Sexual Violence gave us cause to laugh and cry with her as she told of her life, her goals – achieved and yet to be, and why she chose to be a policeman – this apparently was because her journalistic

endeavors as a cadet were unappreciated and she imagined herself as a 'Charlie's Angel'.

She still looks like one, but after 22 years she is wiser now.



There is still much to do to rid the police force of sexism but all recruits from the Police College now are taught properly how to deal with child protection and sexual violence. Having been told she cared too much, her answer was "bulls... - you have to care. Policing is a privilege – you see people at their worst".

This lady is a force to be reckoned with! Go Girl!

BITS AND PIECES

We received thanks from

- ✓ Salvation Army
- ✓ Bellyfull
- ✓ Wellington Free Ambulance
- ✓ Women's Refugee

For donations of \$200 to each

Note

- ✓ For members, a copy of the club financials is attached for your information

And recognizing Meryll's major "promotion"

- ✓ Meryll will be Vice Chair for the District for the rest of this year before taking up the reigns as District Chair from 1 July 2014.

THIS MONTHS MEETING

Tuesday 15 October 6PM

Bring an item that you have collected on your travels and would love to tell us about. Make it "snappy" so we can get through as many as possible

Yours in friendship

Adrienne

