



Carolyn Wallace, Esme Labotsky, Jocelyn Miller and Carol Woodfield

Inner wheel Club of Plimmerton March 2016



Carolyn's contemplations

They say it is now Autumn, hard to believe after such a warm and wonderful summer. We could certainly do with some rain, only at night though!

I have just returned from travelling up north, as far as Cape Reinga. North of Taupo is just so green as they have had huge amounts of rain, Taihape south it is a brown desert.

Travelling back to your home space – where you were born and went to school is a wonderful experience. You quickly realise why you are like you are, what has made you into such a person. I was brought up with beaches, boats, fishing and wonderful tramping picnics. My absolute love of water comes from those early years. We had a wonderful time sailing, swimming; fishing, loved every moment.

Our bowls tournament with Tawa was once again great fun, we only just lost but I am sure that everyone who took part loved every moment of it. Having such friendships with other clubs is very strengthening and so much fun.

Lorraine led a very interesting walk through Historic Thorndon. Members are telling me that it was so good that they want to repeat it with their husbands and friends. On Thursday we have our Petone Food tour, these things and all the other groups make our club so strong and friendly.

The Rotary Book Fair is only a fortnight away; we

annually raise money at the Book Fair Café. This year funds are going towards the Shine Project, Joy Allcock and her wonderful reading programme.

Plimmerton IW is such a large club, 66 members. If everyone takes part in helping, cooking or donating money this will be a great success. Please, if you have not put your name down to help could you contact Judith Tanner 2356734.

There has been a call from IWNZ for funds to be sent to Suva IW to support the awful devastation our close neighbours have suffered lately. At committee we decided to use some of the money that we put aside for International Disasters. This money comes from excess from our raffles. We decided to donate \$500-00 towards this cause.

We have been very lucky to get a fantastic speaker for our next meeting. Her name is Denise Carnihan from Pukerua Bay. The topic she is speaking on is 'I share my heart with Africa – a journey like no other.' Denise travelled to Africa to meet up with some distant unknown family and ended up setting up two schools in Kenya.

Web: www.isharemyheartwithafrica.com. Her story is so interesting that a book has been written – this will be for sale at our meeting.

Look forward to catching up with you all next week,

*Yours in friendship,
Carolyn*

President Plimmerton Inner Wheel

FEBRUARY SPEAKER - ESME LABOTSKY - REST HOME AND RESPITE CARE

Esme was a lovely speaker, her warmth and her caring showed through. She explained the different types of Alzheimers and Dementia, the journey for these patients – how they deteriorate and then plateau. She talked through how difficult it was for caring family members and had literature available for anybody to take advantage of. She explained the make-up of the wings at Whitby with the Rest Home and Respite care, Hospital, Dementia and High Dependency or Psycho-Geriatric. Esme answered questions and it was obvious the families of residents were looked after almost as much as the residents.

MARCH MEETING - DENISE CARNIHAN FROM PUKERUA BAY

This is what Denise has to say about her story:

My name is Denise Carnihan, I am from the Kapiti Coast and for the past 4-5 years I have been visiting clubs and organisations as a guest speaker, telling the story of my African journey that started with my son’s school project on “family roots” back 15 years ago where I learned for the first time at age 40, that my grandfather was half African.

This set me out on a journey to find and connect with family in Africa. In 2009, my husband Chris and I set off for 3 months to Africa to meet my newly connected family, and travel through 7 countries in Africa. I then became involved in volunteer work in Kenya the following year and since, we have built and established 2 primary schools in the slums of Kenya.

AGM

Carol Woodfield confirmed the committee for 2016/2017 now consists of:

- | | |
|-----------------------------------|-----------------|
| Carol Woodfield (President) | Carolyn Wallace |
| Christine Blick (Vice President) | Dianne Roberts |
| Fiona Burrows (Secretary) | Judith Tanner |
| Janet Reidy (Treasurer) | Sheryl Levy |
| Anne Bennison | Yvonne Thomson |
| Brenda Callear | |

BOWLS



PLIMMERTON INNERWHEEL V TAWA INNERWHEEL

A very enjoyable evening was had by all and again Plimmerton Innerwheel were pipped at the post.

We must practise more girls and try harder next year.



OUT OF THE SQUARE - Historical walk around Tinakori Road, the Botanical Gardens and Bolton Cemetery and Memorial Park



Our guide from "Walk Wellington" pointed out houses of interest and added bits of history as we walked along.

So much of the early construction was shaped by the NZ Company. E G Wakefield and his company had a catalogue of houses for settlers to choose from.

And did you know that kitset houses, like the row of "Tin houses," were made in Wellington where wood was plentiful and shipped to places like San Francisco?

Thank you again to Lorraine for putting together another great discovery moment in Wellington.



ROTARY BOOK FAIR - MARCH 19/210 - INNERWHEEL CAFE

Offers of contributions of delicious home baking, cafe items, sweets and preserves etc and help for the Inner Wheel Cafe at the Rotary Bookfair are progressing well.

For those who have kindly offered to bring tea bags, juice, coffee, sugar and monetary contributions, could you please bring these along to the March meeting for Judith and Carolyn to collate everything ready for the weekend.

Please advise Judith if you would like to provide some food or help out Saturday or Sunday and haven't already done so - sandwiches, loaves, muffins, scones etc will be well received.

A list confirming your help time and food contributions will be on hand at the March meeting and emailed to everyone following the meeting.

All funds raised from the cafe will go to the Shine Project.

GOOD SORTS - JOCELYN MOLLER

If there is any person who stands out as an outstanding IW member it has to be Jocelyn. With very difficult physical disabilities Jocelyn is always willing to take on jobs when asked. She is Secretary, has been a past President and will always try new things with gusto. We thank you Jocelyn for all you do and have done



Unique and United

INNER WHEEL NZ CONFERENCE CHRISTCHURCH 28 APRIL - 1 MAY

6 members and their partners will be making their way down to Christchurch for this Conference. The title 'Rebuild' is the theme.

OUR CLUB DINNER MEETING

We meet the 3rd Tuesday of every month, at Aotea College Library, Porirua

Please remember that if you have said you are attending and are a no show you will still have to pay \$20 to cover catering costs.



MONTHLY SUB GROUPS:

Book Club: 2nd Monday of the Month.. We give a talk each on books we have read in the past month, we don't all have to have read the same book. For more information contact Debbie Howard Phone 2347137

Tasty Tuesday: 1st Tuesday of the month. A group meet every month on the first Tuesday for a chat and a good laugh. They usually meet at Denny's, occasionally at the Co-op. For more information contact Von Groom Phone 04 2934461

Craft Morning: The first Thursday following book club, this may be the 2nd or 3rd Thursday depending on when the 1st Monday of the month is. It is held at Dianne Robert's home 4 Port Lane Whitby at 10am. Everyone takes along their own project and fun and fellowship is had by all. For more information contact Dianne Roberts Phone 237 8087

Mah-Jong: every Wednesday night 7-9pm at St Mary's Church in Whitby. Everyone welcome and they are willing to teach new members For more information contact Margaret Pine Phone 2346471

Table for 8

Believe it or not we are in Autumn, so you know what that means, yes another round of Table for 8.

Dates to make a reservation for are: **9th April, 7th May, 28th May**

For those new to Inner Wheel this initiative is to foster Inner Wheel friendship while enjoying a shared meal at a members home. Everyone will take a turn to host an evening. It is open to couples and singles, so if you don't have a spouse or he is away or doesn't want to come you can still enjoy the company of others. We meet four times a year; Spring, Summer, Autumn and Winter. The host member will serve the main dish and others will be asked to bring, nibbles/entrée, side dishes and dessert. There will be a choice of three dates, you don't get to attend all three, just let me know what is your preferred date, giving me two dates is even better so I have some flexibility in arranging your reservation. You may not meet all on the same night but hopefully "8" of you will be able to get together!

If you would like to join us please contact Debbie Howard on 2347137 or debzh@xtra.co.nz to register your interest.

This little notice was seen outside a cafe by one of our members travelling north - love the humour



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Happy Birthday



BIRTHDAY'S FOR MARCH

Adrienne Murray
Christine Blick
Jill Turner
Sheryl Levy
Val Sherwin
Vanessa Bannister

NICE THOUGHTS:

Never underestimate the power you bring, the difference you make and the gift you are to the world.

Yours in friendship
Brenda



DATES TO REMEMBER:

- 10th March 2016** Food Trail in Petone
- 19th March 2016** **District Training Day** – Palmerston North
All members are welcome to this most informative and friendly day.

If you are interested contact: Carol Woodfield 2347335
- 19-20 MARCH 2016** **ROTARY BOOKFAIR – INNER WHEEL CAFÉ**

(Yes this is a double up, but we are such a large and strong club we will handle it perfectly well)

You will be asked to provide food and help man the Café while this busy Bookfair is on as usual. Always a lot of fun.

This year we are fundraising for Joy Allcock, Closing the Gaps in reading (Shine Project). How exciting is that? Judith Tanner 2356734 will be in charge.
- 1 April 2016** **BACK ROWS AT THE MOVIES** - 'The hunt for the Wilder People'
A NZ film that will be really worth seeing.
Contact: Janet Reidy Ph: 2348332 Email: janetreidy@xtra.co.nz
- 28th April - 1st May 2016** **IWNA Conference Christchurch** Theme "Rebuild the Future"
- 11 June 2016** **PLIMMERTON INNER WHEEL CHANGEOVER**
Paremata Boating Club, Lunchtime meeting.
- 2th July 2016** District Changeover – Palmerston North

Inner Wheel Web sites are:

<http://plimmertonrotary.org.nz/Inner+Wheel>

<http://www.innerwheel.org.nz>

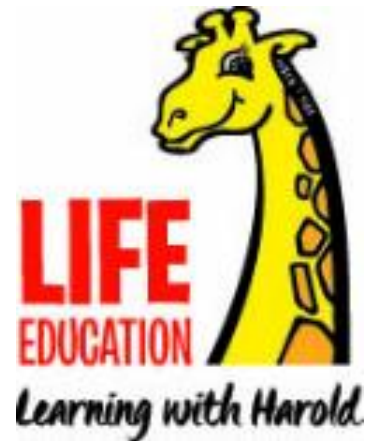
<http://www.internationalinnerwheel.org>



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**Rotary
Book Fair**
19-20 March
2016 from 9am
NZ Kennel
Club, Prosser
St, Elsdon,
Porirua



**We need your pre-loved books
for the Rotary Book Fair
Please donate books, CDs**

Donation Drop-off Points

- ***Professionals Real Estate,
Whitby Mall, Whitby***
- ***P & Z Decorating Centre,
Lyttleton Ave, Porirua***
- ***BP Service Station, Mana Esplanade,
Mana***

***www.plimmertonrotary.org.nz
www.lifeeducation.org.nz***