



Inner wheel Club of Plimmerton August 2016



**PRESIDENT CAROL WOODFIELD AND
RAEWYN SUTTON HEALTH PROMOTION MANGER FOR
THE CANCER SOCIETY**

Carol's Corner

I can't believe it has been nearly 2 months since changeover - time flies when you are having fun!

We had a most successful meeting last month, once the cavalry (i.e. hubby Alastair) came with extra heaters as the room was a tad cool. Everyone enjoyed the speaker and smaller tables, which we will try to continue although it may be a bit tricky if we have a full house.

We have started our year with a hiss and a roar in regards to our new theme 'Touch a Heart'. A huge thank you for your generosity in providing pyjamas for Fosterhope. It was lovely to meet Jess when we handed these over and she passes on her gratitude to you all; they will go a long way in providing warmth and comfort for foster children at such a stressful time in their lives. Many thanks also to those of you who have offered to help on Daffodil Day and to Glenys, Carolyn and Janet for co-ordinating this.

It was good news to hear that we have already raised \$2,500 for the Neo-natal

Trust with the sale of the Wearable Arts tickets... and continuing the Touch a Heart theme, we have organised a fundraising movie for Heart Kids (see below).

I am pleased to let you know that Dale Julius, District Chairperson is coming for a visit to our next meeting. Dale is from the South Wairarapa club, so you may already have met her when we visited the Greek Chapel there. Please take a moment to introduce yourself and I know you will all make her very welcome.

So, we have lots to look forward to in addition to our regular groups. I am heading off to Bonnie Scotland for 4 weeks on 17th August for precious family time and a school reunion. In my absence Christine Blick will be holding the fort with the support of the committee. It is nice being able to go away knowing that the club is in such capable hands - many thanks ladies.

*Yours in friendship
Carol*



JULY MEETING - RAEWYN SUTTON - CANCER SOCIETY

Raewyn Sutton kindly filled in at the last minute for Tracey Harris who was sick. Raewyn is the Health Promotion Manager for the Cancer Society and she has obviously done this before. She gave a very interesting talk on all aspects of her involvement with the Cancer Society. She talked about the high rates of cancer in New Zealand especially bowel and skin cancers. She reminded us to have regular checks, eat healthily, limit alcohol and cover up in the sun, avoiding the hottest part of the day if possible. She advised that we do not need to go to factor 50 sunblock (it has more chemicals) as factor 30 is quite adequate. The Cancer Society have 6 divisions in New Zealand which help support not only cancer patients but also their families, helping them to improve the life of the terminally ill patients.

Raewyn thanked us for our silky pillows and wheatbags which many of our members have made over the years. The patients are most appreciative of the comfort they get from those. She also brought along some beannies and bra inserts for breast cancer patients and will forward on those patterns for those interested.

AUGUST MEETING - NICKY EDGAR

Nicky trained with Colour Me Beautiful in the early 80s and has continued to work as a personal colour and stylist both in Wellington, Sydney and Auckland. She specialises in decluttering of wardrobes and loves to see the joy that having a well organised wardrobe brings after a declutter. Nicky has presented at a number of workshops both for corporate and for fundraising ventures.

Nicky also is involved in charity work with Dalit Freedom Network in India. She is also a celebrant.

DISTRICT MEETING - AWARDS

At the District Meeting in Palmerston North Plimmerton Inner Wheel received 2 awards.

Carolyn Wallace was presented with the Chairman's award. This award is given to the club who throughout the year has best implemented the IW President's theme and that is most dynamic and innovative.

Brenda Callear was presented with the Editor's Award for the Best, laid out, informative Newsletter.



HEART KIDS NZ - FILM EVENING - BRIDGET JONES'S BABY

We are hosting a film evening at Pauatahanui Lighthouse on Thursday 29th September to raise funds for Heart Kids NZ. Tickets are \$25 with nibbles being served from 5.15 pm - film commences at 6pm. Contact Brenda Callear: bcallear@orcon.net.nz or Yvonne Thomson: yt@discovery.school.nz for tickets.

KAPITI INNER WHEEL

Inner Wheel Kapiti have invited us to a walk on Thursday 1 September which is Inner Wheel Day. Anyone interested in joining the ladies please contact Christine Blick - gblick@xtra.co.nz

ZONTA - AROHATA

Barbara Thompson from Zonta has asked for our help collecting magazines in good condition and less than 3 months old. The ladies at Arohata use them to prepare for speeches and talks (Listener and North and South are really good ones for this) as they are required to do a Toastmasters course on learning to interact with Drs, Lawyers and potential employers. Also Craft, Gardening and Cooking magazines as a lot of the Ladies are doing Barista and Cooking classes. Please bring them along to the next meeting on Tuesday 16 August

WOW TICKETS - We have sold most of the tickets for the preview of the WOW and have raised \$2,500 for the Neonatal Unit.

ENTERTAINMENT BOOK

Funds made from selling the Entertainment Book will go to the Wellington Free Ambulance. To date we have made over \$564 anyone still interested in obtaining a book contact Anne Bennison - email anne@ecosse.co.nz. A big thank you to Anne Bennison for co-ordinating this project.

BAKING PAPER

We still have baking paper for sale - \$13 a roll - see Carol Woodfield to order. Payment for the baking paper can be put directly into the following bank account - IW club account 12-3254-0081449-01





KAI FOR KIDS - We have had a request from the Kai for Kids charity based in Porirua for assistance with the drop off of school lunches. We are still looking for help to deliver the lunches to 15 school. If anyone is able to help with this worthwhile cause please contact Carol 234 7335. woodfields@clear.net.nz

FOSTERHOPE

Thank you to everyone who donated pyjamas at the last meeting. There were 40 pairs.

Carol Woodfield and Carolyn Wallace delivered the pyjamas to Jess Anderson of Fosterhope. She was thrilled to bits with our donation.



.PLIMMERTON ROTARY - ZONTA CLUB OF MANA CELEBRITY DEBATE



Last year Mana Zonta challenged Plimmerton Rotary to a Celebrity Debate which Plimmerton Rotary won. The event was so much fun that the two clubs have decided to hold a sequel in 2016. This will be held at the Titahi Bay Bowling Club on Sunday, 21 August at 4.00 pm. The proceeds from this fundraising event will go towards the construction of a second Information Board on Te Ara Piko - The Wandering Pathway around the Pauatahanui Inlet.

The moot for this year is 'To develop Mana Island into The Mana Island Trumped up Resort and Casino'. When built, this Resort will rival the Solar City Tower and Waterfall in Rio de Janeiro.

For further information contact Pat Liddell triciaandjohn@xtra.co.nz

SILKY PILLOWS

Please can we have all silky pillows returned at the next Inner Wheel meeting so we can organise a working bee at Diane Robert's home 4 Port Lane Whitby at 1pm Monday 22 August. We will be doing wheat bags also if someone can bring along a sewing machine that would be excellent.

OUR CLUB DINNER MEETING

We meet the 3rd Tuesday of every month, at Aotea College Library, Porirua

Please remember that if you have said you are attending and are a no show you will still have to pay \$20 to cover catering costs.



MONTHLY SUB GROUPS:

Book Club: 2nd Monday of the Month at 1.30pm. We give a talk each on books we have read in the past month, we don't all have to have read the same book. For more information contact Sheryl Perera's 233 9144 or email perpera.home@xtra.co.nz

Craft Morning: The first Thursday following book club, this may be the 2nd or 3rd Thursday depending on when the 1st Monday of the month is. It is held at Dianne Robert's home 4 Port Lane Whitby at 10am. Everyone takes along their own project and fun and fellowship is had by all. For more information contact Dianne Roberts Phone 237 8087 or email dna.roberts@gmail.com

Tasty Tuesday: 1st Tuesday of the month at 6pm.. A group meet every month on the first Tuesday for a chat and a good laugh. They usually meet at Denny's, occasionally at the Co-op. For more information contact Von Groom Phone 04 2934461 or email jpgroom@xtra.co.nz

Mah-Jong: every Wednesday night 7-9pm at St Mary's Church in Whitby. Everyone welcome and they are willing to teach new members For more information contact Margaret Pine Phone 2346471 or email margaret@ownboss.co.nz





Table for 8: For those new to Inner Wheel this initiative is to foster Inner Wheel friendship while enjoying a shared meal at a members home. Everyone will take a turn to host an evening. It is open to couples and singles, so if you don't have a spouse or he is away or doesn't want to come you can still enjoy the company of others. We meet four times a year. The host member will serve the main dish and others will be asked to bring, nibbles/entrée, side dishes and dessert. The dates set for this year are 13 August and 5 November. If you would like to join us please contact Lorraine Whyte 973 2565 or email montrose30@gmail.com to register your interest.

Keen Cooks and Foodies - to be advised



BIRTHDAYS FOR AUGUST

Anne Ashby
 Jenny Garner
 Joanne Jamison
 Lyndsay Kelly
 Marg Nation
 Marlene Casey

NICE THOUGHTS:

Life without friendship is like the sky without the sun.

Yours in friendship
 Brenda



DATES TO REMEMBER

- 18 August 2016** Meeting Aotea College Library
- 21 August 2016** Plimmerton Rotary v Zonta Club club of Mana
Celebrity debate
- 26 August 2016** Daffodil Day collection

We need quite a few people for that day. Please contact Glenys on 235 9474 if you can help.
- 1 September** Inner Wheel Day walk with Kapiti - contact Christine Blick gblick@xtra.co.nz if interested.
- 21 September** Wearable Arts Awards
There may still be some tickets available, please contact Janet Reidy - email janetreidy@xtra.co.nz
- 29 September** Film Night at the Lighthouse
Bridget Jone's Baby

Inner Wheel Web sites are:
<http://plimmertonrotary.org.nz/Inner+Wheel>
<http://www.innerwheel.org.nz>
<http://www.internationalinnerwheel.org>

