



# Inner wheel Club of Plimmerton November 2016



**Rotary Exchange Students Laurie Boytard and Gaele Ibarguen with Carol Woodfield, Judy Parker, Rita Caroll and Carolyn Wallace**

## *Carol's Corner*

*I am not long back from cycling the Otago Rail Trail which, apart from being dive-bombed by magpies and a bit of discomfort, was the most awesome experience. Just amazing to see the snow-capped mountains, spring lambs and blossoms - what a beautiful country we live in.*

*The buzz word this month is 'awesome'! Last weekend we had the District meeting in Palmerston North and were hearing about how awesome the Inner Wheel organisation is with 4 UN reps focusing on Family, Drugs and the Rights of Children. Inner Wheel is active in 103 countries and has over 100,000 members.*

*And we are an awesome, vibrant club with lots of fun , friendship and service to the community. Please take the time to read Sheryl's report about our book club, which everyone is invited to in December, and Lesley's report on The Angel Tree (and the rest of the newsletter of course which Brenda spends many hours on).*

*Our focus this month is on the Garden Trail fundraiser on 27<sup>th</sup> and we are still*

*needing more helpers on the day please (see below). We also have the Nursing school visit to look forward to on 17<sup>th</sup> November.*

*Enjoy*

*Yours in Friendship*

*Carol*



*District Meeting - Carol giving a speech on 'How Plimmerton Inner Wheel has touched many hearts' with Dale Julius District Chairperson in the background.*

## NOVEMBER MEETING - FIONA SHARP

Our speaker this month is Fiona Sharp who is a trainer with Assistance Dogs. She has written 2 books and has had a regular slot on the radio. This talented lady has been involved in training dogs since 1969 and has had over a hundred puppies. These amazing Assistance Dogs are specifically trained to help people of all ages with conditions such as Autism and Alzheimers.

## OCTOBER MEETING - RACHAEL VAN DIGGELE FROM HEART KIDS

Rachel is the Heart Kids Regional Support Person for families in the Wellington Region. Every week at least 1 of the 12 children born in NZ with a congenital heart defect is born in the Wellington region. Heart Kids Wellington are here to support those families, providing resources, information, education, training, counselling and psychological support, specialised equipment, camps, family matching, social affiliation and financial assistance.

It was with great pleasure that Carol was able to give Rachel a cheque for \$1,700 which we raised with our film evening.



## ROTARY EXCHANGE STUDENTS LAURIE BOYTARD ND GAILLE IBARGUEN



Rotary Exchange Students started in Denmark in 1929 and has been going ever since. Generally students stay with 3/4 host families.

Both the Rotary Exchange Students are 18 years old. Laurie comes from Amiens in France and Gaelle Ibarguen from Belgium.

Laurie talked about her sister in Australia and how she is enjoying learning languages, Spanish, Chinese and Maori. Her other interests include music, rugby and hockey.

Gaelle has one sister and has very similar interests to Laurie. She loves music, scouts and sports especially rugby and also plays the piano. She and Laurie have become very good friends.

## GARDEN TRAIL - 27 NOVEMBER

Adrienne Murray came along to talk to us about the Garden Trail and how we can all help to make this another very successful day.

There will be food at 3 sites and we are very short of help. Anyone interested in helping or providing food should contact Christine Blick (235 7280 email [gblick@xtra.co.nz](mailto:gblick@xtra.co.nz)) or Judith Tanner (235 6734 email [jandmt@xtra.co.nz](mailto:jandmt@xtra.co.nz))

Judith and Chris will be making lemonade again this year so **PLEASE** bring lemons along to our next meeting on the 15th

## Whitireia Nursing School Outing

On Thursday 17<sup>th</sup> November we will have an interactive tour of the Whitireia School of Nursing from 10am – 12. Please let Carol know if you would like to join us on this fascinating visit. Carol email address - [carolwoodfield5@gmail.com](mailto:carolwoodfield5@gmail.com)

## BAKING PAPER

We still have baking paper for sale - \$13 a roll - see Carol Woodfield to order. Payment for the baking paper can be put directly into the following bank account - IW club account 12-3254-0081449-01



## ZONTA - BRAS AND NICKERS FOR AROHATA WOMEN

A Big Thank you to all the ladies who donated pre-loved bras and new knickers for the women at Arohata Prison.

Carol received an email from Barbara Thompson of Zonta Mana - "I would like to thank Inner Wheel for the delivery of 70+ bras and 20 pairs of knickers!! What an awesome effort, they will be very well received and used".



## ANGEL TREE

A Big Thank you to all the ladies who took a card from the Angel Tree. Will you please bring along your gift to our next meeting on the 15th November. The gifts should be UNWRAPPED and in a carrier bag with the tag attached.

Statistics show that children of prisoners are nine and a half times more likely to offend than their peers, so Prison Fellowship run Angel Tree as part of a programme to journey with these children and their families to make a difference and see these statistics reduced. Children who maintain a relationship with their incarcerated parent(s) have an improved emotional response to the incarceration, which results in reduced truancy and better education results.

- The children pay for crimes they didn't commit.
- They grieve the loss of the parent and are left dealing with abandonment.
- They live with judgement, shame, bullying.
- They live with a care giver who is grieving and coping with judgement and shame themselves, as well as perhaps reduced finances for the home.
- Sometimes these children have to relocate.
- Maintaining a relationship with their parent inside isn't easy, about 50% of these families don't live in the same region as the prison and many of those that do have transport issues.

The Christmas gift given by Angel Tree is the first step in improving their response to the incarceration and building a relationship with them. From this comes more contact with the child and family by way of camps, Christmas dinner, family events and interventions such as counselling services. Therefore the gift opens the door to a deeper and more relevant relationship. It is only out of relationship that Prison Fellowship can provide the children and families with a foundation of love from which to move forward."

Lesley Fairbairn

## BOOK GROUP

**December Meeting** – all welcome to come along

Second Monday – December 12<sup>th</sup> 1.30pm - As it's the end of year we are going to do a tour of Porirua Library for about an hour and then a coffee shop visit nearby.

BOOKS THAT STUCK IN OUR MINDS 2016 - There has been lots of light hearted reads, mystery, romance, history fiction...And lots of discussion that is not quite book reviews but...I thought it might be fun to hear what books have made the biggest impression on people this year. There have been some books that just keep going around and have taken months before moving back to their owner:

In Order To Live by Yeonmi Park and Nothing to Envy by Barbara Demick - North Korea

Burned Alive by Souad Sharon and My Mother-In-Law by Ramallah Diaries. An Improbable Friendship by Anthony David - Middle East

The Jewell of Saint Petersburg by Kate Furniwell and others of her books - By The Moon and the Stars by Eva Haiman (Chekoslovakian war refugee child).

Some of the group have put forward their picks...





**CAROL**

One of my favourite books is The Language of Flowers by Vanessa Diffenbaugh.

A favourite childhood read was The Lion the Witch and the Wardrobe.

**DIANNE**

My favourite book for this year would have to be Thyme Out written by Katie Fforde. It was just a light story but pretty true to life and nice to read.

My favourite children's book would have to be Anne of Green Gables. I had my mother's set and I always remember they were a lovely green colour.

**ADRIENNE**

Books by John Jakes that were written in the 70's through to the 90's - you can still google his name. He writes about American history particularly the late 1700's through to the early 1900's a trilogy starting with Heaven and Hell which tells the story of families from the south and the north and the tragedies of the Civil war, with the politics of the time in the background - a mix of history and fiction. Not easy to put them down.

**GLENYS**

Have to say MAO'S LAST DANCER, has to be one of them I'm sure most people have read this book. It was a best seller few years ago. It is about a peasant boy's journey from Mao's China to stardom in the west. It's a true story of a young boy's courage and determination. It is interesting in site to life in rural China in his early years, to his very strict demanding dance classes and living conditions at the academy. It's based on a true story, Li Cunxin is now living in Australia. He's now teaching dance.

**SHERYL (Can't bear to choose just one)**

Rebel Without Borders, Frontline Missions in Africa and the Gulf by Marc Vachon  
The Empress Dowager Cixi, The Concubine Who Launched Modern China by Jung Chang  
Dear Leader (North Korea) by Jang Jin Sung  
The Brain That Changes Itself, Stories of Personal Triumph from the Frontiers of Brain Science by Norman Doidge

Sheryl Perera

**OUR CLUB DINNER MEETING**

**We meet the 3rd Tuesday of every month, at Aotea College Library, Porirua**

***Please remember that if you have said you are attending and are a no show you will still have to pay \$20 to cover catering costs.***



**MONTHLY SUB GROUPS:**

**Book Club:** 2nd Monday of the Month at 1.30pm. We give a talk each on books we have read in the past month, we don't all have to have read the same book. For more information contact Sheryl Perera's 233 9144 or email perpera.home@xtra.co.nz

**Craft Morning:** The first Thursday following book club, this may be the 2nd or 3rd Thursday depending on when the 1st Monday of the month is. It is held at Dianne Robert's home 4 Port Lane Whitby at 10am. Everyone takes along their own project and fun and fellowship is had by all. For more information contact Dianne Roberts Phone 237 8087 or email dna.roberts@gmail.com

**Tasty Tuesday:** 1st Tuesday of the month at 6pm.. A group meet every month on the first Tuesday for a chat and a good laugh. They usually meet at Denny's, occasionally at the Co-op. For more information contact Von Groom Phone 04 2934461 or email jvgroom@xtra.co.nz

**Mah-Jong:** every Wednesday night 7-9pm at St Mary's Church in Whitby. Everyone welcome and they are willing to teach new members For more information contact Margaret Pine Phone 2346471 or email margaret@ownboss.co.nz

**Table for 8:** For those new to Inner Wheel this initiative is to foster Inner Wheel friendship while enjoying a shared meal at a members home. Everyone will take a turn to host an evening. It is open to couples and singles, so if you don't have a spouse or he is away or doesn't want to come you can still enjoy the company of others. We meet four times a year. The host member will serve the main dish and others will be asked to bring, nibbles/entrée, side dishes and dessert. If you would like to join us please contact Lorraine Whyte 973 2565 or email montrose30@gmail.com to register your interest.





**BIRTHDAYS FOR NOVEMBER**

Clare Bakers  
Dinah McEwen  
Gill Mackersy  
Heather Homan  
Janet Reidy  
Lorraine White  
Pauline Moul

**POLO SHIRTS WITH INNERWHEEL LOGO**

Unisex style S (10), M (12-14), L (16) and XL (18-20)

Price \$35.00.

To order please contact Christine Blick ([gblick@xtra.co.nz](mailto:gblick@xtra.co.nz)) with your size by 10 November



**NIICE THOUGHTS:**

When you arise in the morning think of what a precious privilege it is to be alive, to breathe, to think, to enjoy, to love.

Yours in friendship  
Brenda



**DATES TO REMEMBER**

**15 November 2016**

**Meeting Aotea College Library**

**17 November**

**Whitireia Nursing School visit**

**27 November**

**Garden Trail**

**20 December**

**Christmas Party - Details to follow**

**10 January**

**Kapiti Visit / BBQ**

**23 January**

**Pizza and Plonk**

**Inner Wheel Web sites are:**

<http://plimmertonrotary.org.nz/Inner+Wheel>

<http://www.innerwheel.org.nz>

<http://www.internationalinnerwheel.org>





### **Garden Trail Showcases Gardens Around Pauatahanui for Te Ara Piko Pathway Development**

The Garden Trail last year was a great success and with 15 gardens on show this year (10 of which are new to the day). One of Pauatahanui's premier events is expected to be even better. The day provides an opportunity to explore a unique mix of rural and urban gardens at a pace and order that suits you.

An exciting change for 2016 is the ability to plan your itinerary before the day as the ticket you purchase is now the map and garden booklet. This makes the day a whole lot easier as you have no last minute decisions to make on which gardens to visit and the order.

This is a Plimmerton Inner Wheel and Rotary partnership with all of the ticket proceeds going to the development of the Te Ara Piko Pathway. Last year this amounted to \$26,000 and went a long way towards the significant funding sum Rotary is seeking to complete the Motukaraka Point to Camborne section of the Pathway. The Te Ara Piko Pathway is a joint Porirua City Council and Plimmerton Rotary project.

Tickets cost \$30 per person and are available from:

**Light House Cinema Pauatahanui (You can phone book here as well)**

**Whitby Pharmacy**

**Tommy's Real Estate**

**Palmers Garden Centre**

Tickets are limited and sales are brisk so do not delay in getting your ticket to this great annual day out.

Enjoy the day!

Phillip

Garden Trail Organising Team

**Pauatahanui Garden Trail**

27 NOVEMBER, 2016    10 NEW GARDENS  
9-30am to 4-00pm

**TICKETS \$30**

AVAILABLE FROM  
LIGHTHOUSE CINEMA  
PAUATAHANUI  
Phone sales PH 234 6770  
TOMMYS REAL ESTATE  
MANA

WHITBY PHARMACY  
WHITBY MALL  
PALMERS GARDEN CENTRE  
PLIMMERTON  
www.gardentrail.org.nz  
Jenny Jackson PH 027 388 6001

JOINT PROJECT TO HELP FUND DEVELOPMENT OF  
**TE ARA PIKO PATHWAY**

Rotary  
plimmerton

Inner  
Wheel  
Plimmerton