



PORIRUA

Whānau Centre

Our Families | Our Taonga

# Jan- Feb 17 Childcare Newsletter

## Staff News

We would like to welcome everyone back and hope they you all had a great holiday and got some sun in. We have had a couple of changes this year with staff. At the end of January we said a fond farewell to our under two's teacher Jeli. She will be missed. We would like to wish her all the best in her future and her next adventure. In February Lily started in our Under two's area. Lily is a qualified teacher with many years of experience. We are excited to have Lily join our team.



## Parenting Programme

One of our services the Porirua Whanau Centre offers is a FREE 7 week Parenting Programme. This programme runs Tuesday's 10am-12pm. Topics covered include self-care, goal setting, stress management. Conscious parenting, child development, communication. Praise and encouragement and coping strategies for Challenging Behavior's. If this programme is something that you would like to do ,please contact either Randall or Barry on 04 2377749.

## HIPPY

Another service Porirua Whanau Centre run is the HIPPY Programme. (Home Interaction Programme for Parents and Youngsters) This is a FREE Programme for children aged 3 1/2 –5 1/2 years old. It provides children with a great head start before school while creating a lasting bond between parents their child. Other services offered at Porirua Whanau Centre is Budgeting, Counselling, family violence prevention and holiday programmes. If you are interested in any of these services please phone 04 2377749.



## Heart Day

We are holding a "Heart Day" this Valentine's Day, Tuesday 14 February. Children are invited to dress in red. We will be playing sports and learning all about healthy food and what it takes to have a healthy heart.

## Notices:

- Remember to check your child's hair for head lice, we still have a small number of children coming with head lice.
- Remember to bring your child's hat and drink bottle, please labelled.
- We still have spaces available so if you know anyone looking for a childcare or you want to increase your child's hours please let Michelle know.



