Simply Stroke for Rehabilitation Teams

6 questions for everyone caring for patients in stroke rehabilitation

1. Are all your stroke patients assessed for rehabilitation?
   - All stroke patients should be screened, then assessed and treated as required, for cognitive, sensorimotor and communication difficulties
   - Patients should start rehabilitation as soon as they are able

2. Do you meet regularly with your inter-disciplinary stroke team?
   - Your team should meet at least weekly, to:
     - discuss new patients
     - review patient management and goals
     - plan for discharge

3. Do you have family meetings?
   - The stroke team should meet regularly with the patient and their family/carers to involve them in goal-setting, management and discharge

4. Do you ask your patients and their family/carers about their rehabilitation expectations?
   - Every patient and their family/carer should:
     - have their wishes established and acknowledged
     - have the opportunity to participate in goal-setting

5. Do you offer all patients and their family/carers educational information?
   - All patients and their family/carers should be offered relevant information to meet their needs
   - Information should be in an appropriate language and format
   - Follow-up clarification and reinforcement of information should be provided

6. Do you make counselling services available to patients and their family/carers?
   - Counselling should be available and can take the form of:
     - active educational counselling
     - problem-solving counselling
     - information supplemented by educational counselling