

Be River Safe

Planning a Trip

Notes for Teachers & Leaders

Rivers are New Zealand's most dangerous aquatic environment. To be safe around rivers, learners need to gain experience of rivers.

Learning about being in, on or around rivers often follows this sequence:

- gaining a theoretical understanding
- learning skills on land or in a swimming pool
- applying the knowledge and skills in, on or around a river
- having ongoing experiences with experienced river users and building up competence.

Taking students or trainees to do an activity in, on or near a river

When you take students and trainees to a river to gain skills, confidence and experience you need to plan your trip. The trip will need to meet the educational objectives you and the students and trainees have set and follow risk management procedures established by your institution.

A trip to a river is a suggested activity in many sections of the **Be River Safe** toolbox. Students and trainees are asked to plan the trip. A factsheet: PLANNING YOUR TRIP contains questions they can answer as they plan the trip. You may wish to modify this so the planning fits with your organisation's policies and procedures.

Involving your students or trainees in the planning

If your students or trainees have an active role in planning the trip they gain experience of what to do when they are planning an activity in, on or around the river in their own time.

If your students and trainees are involved in the risk assessment and management process they understand the need to act responsibly in, on or around the river.

Resources provided

- Factsheet: PLANNING A TRIP
- Activities with the sections of the **Be River Safe** tool-box

Schools will want to refer to EOTC Guidelines **Bringing the Curriculum Alive**.

